



EXPLORE, LEARN & CONNECT

English Language-Adults | English Language-Juniors
High School | International Career Pathway | Study Groups
Internship | Volunteering | Residential Accommodation



2027



MISSION STATEMENT

To be Malta's leading international boutique institution for real life English language experiences, holistic education, support services, and foster valued intercultural exchanges through meaningful individual interaction with institution personnel in Malta's congenial lifestyle environments, cultural and fascinating wealth.

FRIENDLY MALTA

Malta is your welcoming, hospitable, and trendy island in the heart of the Mediterranean. Thousands of international students like you choose this sunny island as their 'home away from home' every year – and it's easy to see why.

As a member of the European Union, Malta boasts a cosmopolitan and welcoming English speaking population, making it an ideal place for both leisure and learning. From its crystal-clear waters to its architectural heritage, Malta offers a blend of seaside relaxation and historic charm.

As you explore Malta's rich heritage, you will be inspired by the impressive prehistoric temples, remnants of Roman civilisation, medieval and renaissance cities adorned with palaces, baroque churches and artefacts.

Savour the flavours of delicious Mediterranean cuisine, swim at our many beaches, embrace the sports culture, and more. Whether you're looking for calm and sunny winter days or an exciting and lively nightlife, Malta has it all.

FRIENDLY NSTS MALTA

Founded 70 years ago at the University of Malta, NSTS Malta is a dynamic and welcoming organisation dedicated to your holistic educational development, while contributing to intercultural understanding and generating friendships across borders.

Our diverse education portfolio includes a range of quality accredited English language experiences for both adult and junior learners. We also offer International Career Pathway, High School Year programmes, Erasmus+ or self funded mentored Internships, and Volunteering assignments.

Moreover, our accommodation options are as varied as our course catalogue. Enjoy our brand-new student residence, NSTS60, located in the city centre just a short walk from the school, beaches, commercial zones, and vibrant entertainment areas. Our well-established NSTS Campus Student Residence near the University of Malta is close to both the school and commercial zone. Alternatively, you can opt to live at a Host Family, Hotel, or Apartment.

The boutique character of NSTS Malta assures individual care and attention to your educational enrichment, enjoyment, and satisfaction.





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ENGLISH COURSE INFORMATION

• COURSE STARTING DAYS

CEFR levels A2 to C1: every Monday morning, unless otherwise stated.

CEFR level A1: individual tuition only, or the group class starting every first Monday of the month.

• SCHOOL ADDRESS

NSTS MALTA – ENGLISH LANGUAGE INSTITUTE
12 Taliana Lane, Gzira GZR 1723, Malta

• SCHOOL LOCATION

Located in a quiet neighbourhood of Sliema within walking distance to the commercial centre, harbour waterfront, fashion shops, low-cost street eateries, restaurants, open-air cafes, rocky beaches, sunny seafont.

• DURATION OF ONE LESSON

45 minutes

• DAILY LESSON TIMES

Monday to Friday

Adults | 08:45-10:15; 10:45-12:15; 12:45-14:15 or 12:45-14:15; 14:45-16:15

Juniors | 09:00-10:30; 11:00-12:30 or 14:00-15:30; 16:00-17:30

• TARGET LEARNER AGE

Adults from 17 years, in summer from 18 years
Juniors in separate courses from 13 to 17 years

• COMMON EUROPEAN FRAMEWORK REFERENCE (CEFR) OF THE COUNCIL OF EUROPE

A1 – BEGINNER: basic ability to ask and answer simple questions

A2 – ELEMENTARY: can employ commonly used familiar expressions

B1 – THRESHOLD: can converse on everyday common subjects

B2 – VANTAGE: can confidently and naturally interact with native speakers

C1 – ADVANCED: can use language flexibly and effectively in all situations

C2 – PROFICIENCY: can accurately participate in highly complex situations

• LEARNERS IN GROUP LESSONS

Adults average 6 to 10; Juniors average 12 to 15

• QUALITY ASSURANCE

Founded in 1963 at the University of Malta as the first English language school in Malta. National accreditation: FELTOM, Ministry for Education ELT Council. International accreditation: EAQUALS. University of Cambridge ESOL Mediterranean teacher training centre, WYSE-TC.

• CERTIFICATION

Certificate of attendance, subject to 80% minimum presence, and of merit graded by continuous performance assessment at CEFR class tuition level.

• PUBLIC HOLIDAYS

01 January, 10 February, 19 March, Good Friday, 31 March, 07 June, 29 June, 08 September, 21 September, 8 December, 13 December. Missed lessons will be made up, except for group lessons falling on 29 June.

• SCHOOL FACILITIES

Boutique classical Maltese town house with 18 classrooms, warm, friendly ambiance, airy, brightly lit, colourful classrooms, extensive environment-friendly terraces, orange grove, open-air lounge and outdoor cafeteria, free Wi-Fi, internet café, lending library, resource centre, smart screens, air-conditioning/heating, reception, student relations and support service, optional workshops and leisure activities.

“I really felt at home here and I really recommend NSTS”

Tatiane - Brazil



ADULT ENGLISH LANGUAGE PROGRAMMES

GENERAL & INTENSIVE ENGLISH

Improve your English communication skills with our General and Intensive English courses, designed to develop speaking, listening, reading and writing skills through practical, interactive lessons. Study in a small international class, guided by professionally qualified teachers, and build the confidence to use English naturally in everyday life.

COURSE SNAPSHOT

Start dates: Every Monday throughout the year

Duration: From 1 week to 1 year

Class profile: Approximately 8 international adult learners per class

Course options: 20, 25 or 30 lessons per week

Levels: From CEFR A2 to C1

Beginner level: CEFR A1 learners follow individual one-to-one tuition or attend the group class that starts every first Monday of the month

Certificate: Certificate of Merit and Attendance showing your CEFR class level and grade

YOUR LEARNING EXPERIENCE

Before your course begins, you will complete an online graded assessment so we can identify your level, understand your strengths, and place you in the most suitable class.

Lessons are adapted to your level and supported by carefully selected learning materials. Class topics are action-oriented, practical and connected to everyday life, reflecting students' interests, lifestyles and real communication needs. Our methodology also helps you develop independent learning strategies, so you can continue improving with confidence after returning home through NSTS online lessons.

CHOOSE YOUR COURSE

General English includes 20 lessons per week and is ideal for steady progress while enjoying free time in Malta.

Intensive English offers 25 or 30 lessons per week for students who wish to make faster progress in a shorter time.

ENGLISH IN MALTA

Classes take up only half of your day, leaving the other half free to enjoy Malta's culture, leisure activities and Mediterranean lifestyle. Our Student Relations Team organises half day and evening activities and can accompany you when requested, helping you discover the island while practising English naturally outside the classroom.



20/25/30
General English
lessons



Small
classroom
size



Learning
materials



Digital
learning tools



Certificate of
Merit and
Attendance



Central
location

✓ **Erasmus+**
Eligible for funding

✓ **Bildungsurlaub**
Approved in several states





TOP-UP ENGLISH FOR SPECIFIC PURPOSE

Build your English around your academic, professional or career ambitions. This course combines General English with specialised subject-focused lessons, helping you communicate more confidently in the areas that matter most to you.

COURSE SNAPSHOT

Best for: Students and professionals with academic, career or international goals

Format: General English group lessons plus specialised ESP lessons

Weekly lessons: 20 General English + 10 specialised ESP lessons

Certificate: Certificate of Merit and Attendance highlighting your ESP focus

SPECIALISATION OPTIONS

Choose from a wide range of areas, including:

- Academic English
- IELTS or Cambridge exam preparation
- Business English
- Accountancy, Economics, Journalism
- Medicine, Law, Architecture
- Engineering, Digital Marketing, Tourism
- Other specialist fields on request

LEARNING EXPERIENCE

You develop your general communication skills while focusing on the vocabulary, topics and language functions needed for your chosen subject. The course is ideal if you want a balanced programme that supports both everyday English fluency and more specific academic or professional aims.



10 additional specialised lessons



Tailor-made programme



Learning materials



Digital learning tools



Certificate of Merit and Attendance



INDIVIDUAL LESSONS ABSORPTION ENGLISH

A fully personalised one-to-one course for learners who want to dedicate their study time to a specific academic, professional or personal objective.

COURSE SNAPSHOT

Best for: Learners with focused academic or professional goals or interests

Recommended level: All levels

Format: Individual one-to-one or two-to-one tuition

Weekly lessons: 10, 15, 20, 25 or 30 lessons

Schedule: Flexible to learner's needs

Certificate: Certificate of Merit and Attendance highlighting your ESP area, if any

LEARNING EXPERIENCE

Instead of following General English group lessons, you work directly with your teacher on the language skills most relevant to your subject or objective. Lessons can focus on professional communication, academic preparation, specialist vocabulary, presentations, interviews, reports or other personalised needs.

FLEXIBLE STUDY OPTIONS

Choose a weekly timetable from Monday to Friday, or save time with an intensive weekend format from Friday afternoon to Sunday late afternoon, totally flexible to your needs as a learner.



10/15/20/25/30 lessons



One-to-one lessons



Personalised programme



Beginner to advanced levels



Optional weekend lessons





“**My time at this school was truly amazing. I felt extremely comfortable, welcome and included even at the age of 63**”

Gundula - Germany



SENIOR ADULT MEDITERRANEAN ENGLISH CELEBRATION - CLUB 50+

A relaxed and inspiring programme for adults aged 50 and over, combining English conversation, Maltese culture, hands-on activities and international friendships.

COURSE SNAPSHOT

Best for: Adults aged 50+

Available: May and October

Duration: 1 to 4 weeks

Focus: Social English conversation, culture and shared experiences

Style: Relaxed, friendly and interactive

Guidance: English teacher and cultural activity leader

MORNING CONVERSATION

Begin the day with easy-flowing English conversation led by an experienced teacher. Sessions focus on familiar and enjoyable topics such as family, travel, career, lifestyle, hometowns and cultural traditions, helping participants practise English naturally while sharing experiences with international classmates.

CULTURE AND HANDS-ON ACTIVITIES

Afternoons introduce you to Malta's creative and cultural heritage through inspiring activities and local experiences. You may craft souvenirs from Maltese limestone, discover traditional silver filigree, knead pottery, or prepare and enjoy a Maltese dinner.

DISCOVER MALTA

Explore Malta's countryside, medieval cities, historic towns and charming villages with an entertaining leader. These visits offer insight into the island's traditions, architecture, local life and Mediterranean character.

CELEBRATE THE MEDITERRANEAN SPIRIT

Club 50+ is designed for life-long learning at a comfortable pace, meeting like-minded people and enjoying Malta through conversation, culture and friendships.



20 English
conversation
lessons



Learning
materials



5 Day/week
leisure cultural
activities



A lively
activity leader



Certificate of
Merit and
Attendance

ADULT & CHILD ENGLISH FOR ALL THE FAMILY

A family-friendly programme that combines English learning with quality time, cultural discovery and a relaxing holiday in Malta.

COURSE SNAPSHOT

Best for: Families who want to learn English while travelling together

Parents: Choose from NSTS adult English courses

Children: Tailored General English lessons for ages 3 to 12

Schedule: Children's lessons take place during parents' lesson times

Activities: 2 leisure and cultural outings per week for the whole family

Free time: Afternoons and evenings to relax and explore Malta together

FOR PARENTS

Choose the English course that matches your level, goals and preferred intensity. While you study, your children are cared for in a safe and supportive learning environment, giving you the peace of mind to focus on your own progress.

FOR CHILDREN

Young learners enjoy tailored General English lessons built around games, activities and age-appropriate interaction. The focus is on learning naturally, building confidence and making English enjoyable.

FAMILY TIME IN MALTA

The whole family joins 2 weekly leisure and cultural outings, adding shared experiences to your stay. With plenty of free time outside lessons, you can enjoy Malta's beaches, culture and relaxed Mediterranean lifestyle together.



Available
year-round



Children
aged 3-12



Family
Friendly
Timetable



2 Cultural
activities
weekly



INTERNATIONAL TEACHER TRAINING

NSTS Malta offers teacher training and professional development programmes for aspiring teachers of English and practising school educators who wish to strengthen their skills, refresh their methodology and gain practical international experience.

CELTA

CELTA, the Certificate in English Language Teaching to Adults awarded by Cambridge English, is one of the most widely recognised international qualifications for English language teaching. It is ideal for candidates who want to begin, or develop, a career in ELT with a credible, quality-assured qualification.

SNAPSHOT

Best for: Aspiring or early-career English language teachers

Awarding body: Cambridge English

Focus: English language teaching to adults

Format: Full-time, online, hybrid or extended part-time online options

Includes: Expert tutoring, lesson observation, supervised teaching practice, feedback and assignment support

Entry: Subject to a pre-course selection process

Level of English: Minimum B2

The course has a strong practical focus. Candidates learn how to plan effective lessons, manage the classroom, respond to learners' needs and reflect on their teaching development through guided practice and feedback.



TEACHER TRAINING MOBILITY

Our Mobility Teacher Professional Development programmes are designed for teacher groups who wish to refresh their classroom practice, strengthen their English confidence and explore modern, learner-centred teaching technology approaches. Groups may choose a specific teacher development focus or request a tailor-made programme according to their school's needs, teaching context and professional objectives.

SNAPSHOT

Best for: Teacher groups and practising school educators

Suitable for: Erasmus+ mobility, school-funded training or individual professional development

Focus: Teacher development, classroom methodology and English language growth

Format: 30 lessons per week, combining General English and teacher development

Flexible structure: 20 General English lessons + 10 teacher development lessons or a teacher development specification-focused programme of 20 lessons with 10 lessons of General English participation and observation for teachers having a B2 level of English

Tailoring: Programme focus can be selected or adapted to the group's needs

PROGRAMME OPTIONS

Choose from a range of professional development areas, including The Practical CLIL Toolkit, STEM-ELT, Effective Classroom Management, Creative Teaching Ideas & Understanding, Digital Teaching Technologies and AI, Teaching Pronunciation, and English Language Development for Non-Native Teachers.

Sessions are practical, interactive and designed to help teachers transfer new ideas directly to their classrooms. Depending on the selected focus, participants may explore strategies for integrating content and language learning, teaching STEM-related topics through English, managing classroom interaction, motivating teenage learners, using digital tools and AI, developing pronunciation techniques, or strengthening their own English accuracy and fluency.

These programmes help teachers return to the classroom with fresh ideas, practical tools and renewed professional confidence.





JUNIOR ENGLISH LANGUAGE PROGRAMMES

TEENS LIFESTYLE ENGLISH ADVENTURE CAMP

A lively summer camp in Malta where teenagers improve their English, make international friends and enjoy a full programme of leisure, culture, sports and adventure.

PROGRAMME SNAPSHOT

Best for: Students aged 13 to 17

Available: Mid-June to end of August

Duration: Two weeks or more

English practice: Four lessons a day, covering speaking, listening, reading and writing

Includes: Activities, accommodation options, meals, airport transfers and student wellbeing support

Certificate: Certificate of Merit and Attendance

ENGLISH LEARNING

Each day, students join interactive English lessons taught by professionally qualified teachers. Lessons complement school studies and students' interests while helping them communicate more naturally and confidently. Topics are practical, relatable and often connected to the camp activities, making English part of the full summer experience.

ACTIVITIES AND ADVENTURE

The camp includes entertaining and lively daytime, evening and weekend activities; beach days, barbecues, parties, sightseeing, sports, cultural visits, photo-treasure hunts, talent shows and more. These experiences help students practise English informally while building friendships with young people from different countries.

LIVING IN MALTA

Students staying at an NSTS Student Residence enjoy a friendly international community, in-house activities, three daily meals, reception support and security staff. Host family accommodation on full board is also available for students who prefer a more family-style experience. Throughout their stay, students are supported by our attentive Student Relations Team, helping to ensure their safety, wellbeing and smooth participation in daily camp life.

FLEXIBLE OPTION

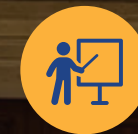
Students may also choose the camp programme with lessons, activities and related transport only, without accommodation.

SAMPLE SUMMER CAMP SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
7:30-8:30 Breakfast	7:30-8:30 Breakfast	7:30-8:30 Breakfast	7:30-8:30 Breakfast	7:30-8:30 Breakfast	7:30-9:00 Breakfast	7:30-9:00 Breakfast
9:00-12:30 Pre-course assessment & Programme introduction 2 English lessons	9:00-12:30 4 English lessons	9:00-12:30 4 English lessons	9:00-12:30 4 English lessons	9:00-12:30 4 English lessons	Relaxed morning by the pool	9:00-17:00 "Malta North" Mdina & Rabat & Riviera
13:00-14:00 Hot lunch	13:00-14:00 Hot lunch	13:00-14:00 Hot lunch	13:00-14:00 Hot lunch	13:00-14:00 Hot lunch	13:00-14:00 Hot lunch	13:00-14:00 Packed lunch
14:30-16:00 Team-building activity	14:30-15:00 Valletta curiosities NSTS Quiz	14:30-16:00 Swimming pool games	14:30-16:00 Indoor projection	14:30-16:00 Relax time by the pool	14:30-16:00 Blue Grotto projection & discussion	
16:00-18:30 Gzira and Sliema Harbour orientation walk & Tigne Point shopping Centre	15:00-19:30 Exploring the capital city Valletta and Malta Experience show	16:00-18:30 Sports tournament	16:00-18:30 Swimming pool lazy spell and animation	16:00-23:00 Ghadira Bay swim followed by BBQ on the beach with candle night	16:00-19:00 Blue Grotto & Wied Iz-Zurriq excursion and swim	19:00-20:00 Hot dinner
19:00-20:00 Hot dinner	20:00-23:00 NSTS BBQ party	19:00-20:00 Hot dinner	19:00-20:00 Hot dinner		19:30-20:30 Hot dinner	20:00-23:00 NSTS Malta Kahoot Quiz
20:00-23:00 Interactive games night		20:00-23:00 Movie night	20:00-23:00 Senglea exploration & Gardjola Gardens view		20:30-23:30 Traditional Maltese Festa	



Ages
13-17



Interactive
English
lessons



Beach and
cultural
excursions



Daily
activities



Safe &
supervised



Full board



International
community



Certificate of
merit and
attendance



STUDY GROUPS

NSTS Study Groups are designed for schools looking for more than a standard trip abroad. In Malta, students learn, explore and grow through programmes that connect education with real-life experience, cultural discovery, practical communication and future-focused skills.

Each programme theme can be shaped around the sending school's objectives and student profile within the balance of English lessons, workshops, visits, activities or project work. Programmes are available during the scholastic year and include student support, teaching and programme materials, organised activities, local programme transport where required, airport transfers in Malta and a certificate at the end of the stay.

Programme inclusions can also be enriched according to the group's interests and budget. Schools may add half-day and full-day weekend excursions to Malta's most beautiful locations, weekday evening outings, afternoon swims, extra workshops, field trips, practical activities, local entrance fees, transport tickets or other tailor-made elements that serve to enhance the overall learning experience.

Groups may be accommodated in safe multi-bedded rooms at NSTS Student Residences or with selected host families having three meals per day including a packed lunch.

SHAPE YOUR STUDY GROUP EXPERIENCE

- **Language & Cultural Discovery**

For groups who want to combine English learning with cultural discovery, animated visits, social activities and meaningful communication in Malta.

- **Future Skills & Applied Learning**

For groups who want to connect classroom learning with practical skills, applied projects, internships, specialist themes and real-world experience through English.



Ages
13-17



Mid August
to early June



Interactive
lessons



Indoor &
outdoor
activities



Airport
transfers*



**Included when NSTS Residence accommodation is booked*





STUDY GROUPS ENGLISH & CULTURAL DISCOVERY

For groups wishing to combine English learning with Malta's culture, history and everyday life, these programmes offer lively study experiences beyond the classroom. Students develop their communication skills through interactive lessons, shared activities and guided cultural experiences that encourage them to use English naturally while discovering the Maltese Islands.

PROGRAMME SNAPSHOT

Best for: School groups seeking English learning with cultural discovery

Age group: Students aged 13 to 17

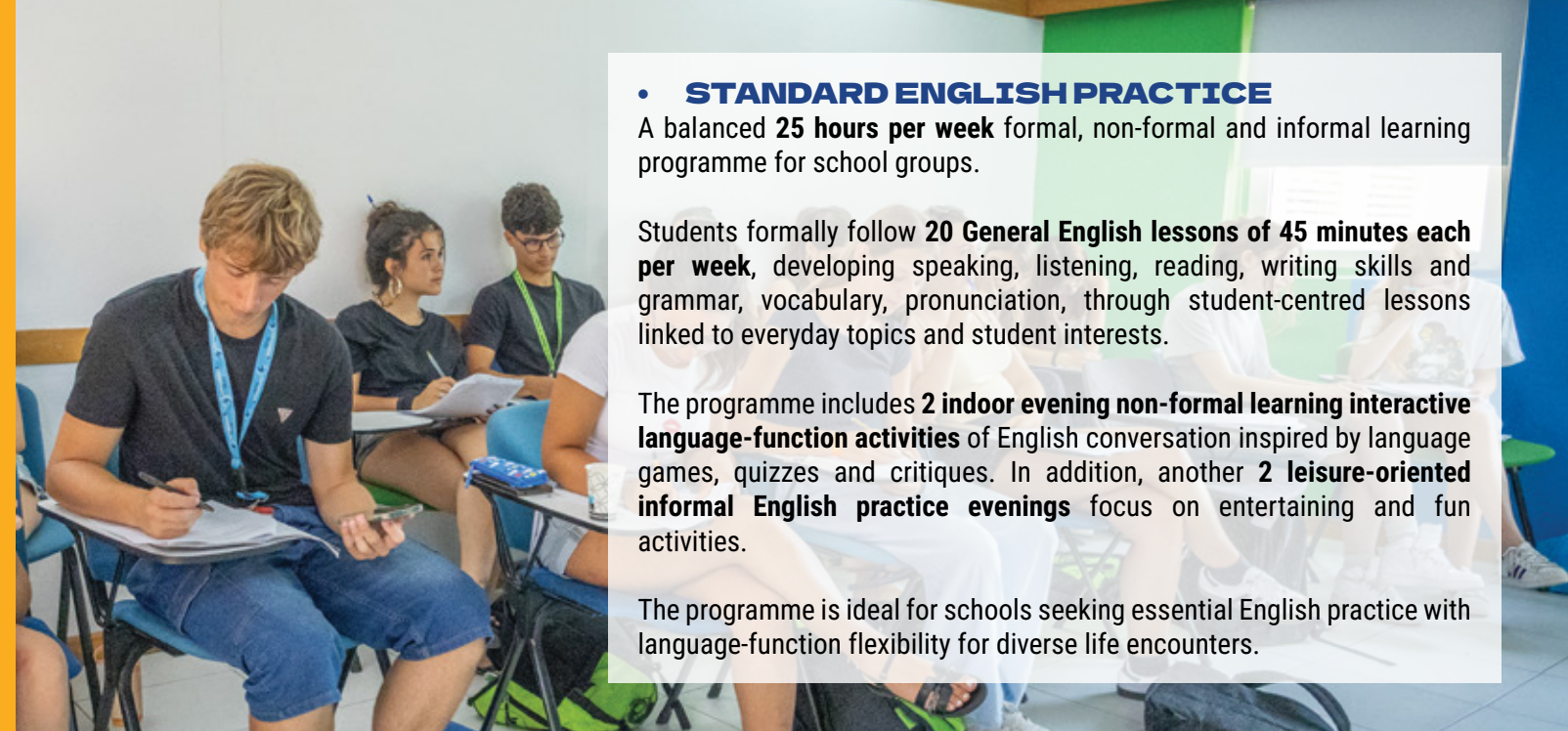
Availability: Mid August to early June

Focus: English communication, culture, heritage and shared experiences

Format: English lessons, animated visits, evening activities or full cultural immersion

Includes: Materials, student support, activities, transfers and certificate

Accommodation: NSTS Student Residence or host family, with three meals per day



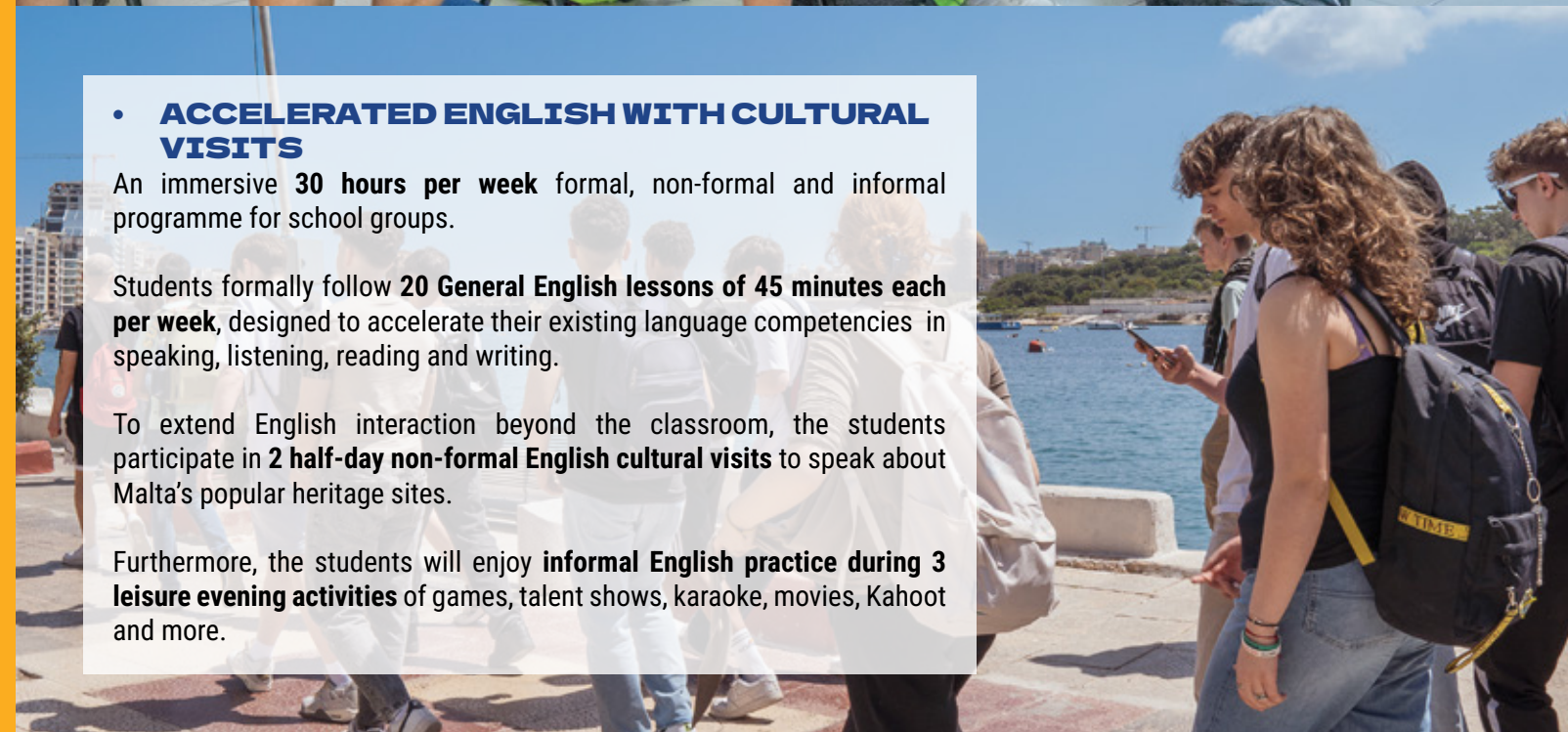
• STANDARD ENGLISH PRACTICE

A balanced **25 hours per week** formal, non-formal and informal learning programme for school groups.

Students formally follow **20 General English lessons of 45 minutes each per week**, developing speaking, listening, reading, writing skills and grammar, vocabulary, pronunciation, through student-centred lessons linked to everyday topics and student interests.

The programme includes **2 indoor evening non-formal learning interactive language-function activities** of English conversation inspired by language games, quizzes and critiques. In addition, another **2 leisure-oriented informal English practice evenings** focus on entertaining and fun activities.

The programme is ideal for schools seeking essential English practice with language-function flexibility for diverse life encounters.



• ACCELERATED ENGLISH WITH CULTURAL VISITS

An immersive **30 hours per week** formal, non-formal and informal programme for school groups.

Students formally follow **20 General English lessons of 45 minutes each per week**, designed to accelerate their existing language competencies in speaking, listening, reading and writing.

To extend English interaction beyond the classroom, the students participate in **2 half-day non-formal English cultural visits** to speak about Malta's popular heritage sites.

Furthermore, the students will enjoy **informal English practice during 3 leisure evening activities** of games, talent shows, karaoke, movies, Kahoot and more.



• CULTURAL IMMERSION

A visit-based programme for groups wishing to experience Malta through culture, history and heritage rather than a traditional classroom course. The core programme runs over **6 days / 5 nights, including a town orientation and 4 full days of cultural visits**, accompanied by an English-speaking animateur.

Students explore major cultural locations such as: Valletta, Mdina and Rabat, the Three Cities, and Gozo, with experiences including historic streets, cathedrals, gardens, forts, archaeological sites, panoramic viewpoints and free discovery time.

Students also enjoy 3 evening activities such as karaoke, games, music, entertainment BBQs and more.

Throughout the programme, students are encouraged to observe, ask questions, interact and reflect on what they discover, building intercultural awareness while engaging with thousands of years of Mediterranean history. Additional days and activities can be requested.

STUDY GROUPS FUTURE SKILLS & APPLIED LEARNING

For groups wishing to connect classroom knowledge with future study, work or specialist subject interests, these programmes offer practical and forward-looking experiences in Malta. Students explore real-world environments through workshops, projects, professional visits, internships or theme-based learning; thereby developing confidence, teamwork and transversal skills for their future.

PROGRAMME SNAPSHOT

Best for: Secondary, vocational and Erasmus-focused study groups

Age group: Students aged 16 to 18

Availability: Mid August to early June

Focus: Career awareness, applied learning and real-world experience

Format: Workplace English, workshops, projects, visits, internships or specialist themes

Includes: Materials, student support, activities, transfers and certificate

Accommodation: NSTS Student Residence or host family, with three meals per day

• INTERNATIONAL CAREER SKILLS DEVELOPMENT

A **30-hour per week** formal and non-formal programme combining workplace-focused English with career preparation and simulated professional tasks. Students follow **20 English lessons of 45 minutes each per week**, developing communication skills through topics such as reporting, teamwork, respectful behaviour, professional practices, ethics, health, empathy and safety.

The programme includes **2 practical workshops** simulating social-care or workplace environments through assigned project work, from planning and discussion to execution and reporting. A further **field visit or expert-led workshop** introduces students to a relevant social-care, career or economic focus area. Students also take part in **3 evening activities** designed for informal English conversation, confidence-building and group interaction.

• INTERNSHIPS

A professional placement experience for vocational students who are ready to apply their studies in a real workplace. Internships are available for students aged **16+**, with a **minimum CEFR B1 level of English**, and require a **minimum stay of 3 weeks**.

Students may be engaged for up to **35 hours per week** across **4 or 5 days**, depending on the placement. Areas may include retail, customer service, administration, accounting, hospitality, graphic design, social media, marketing, information technology and similar fields.

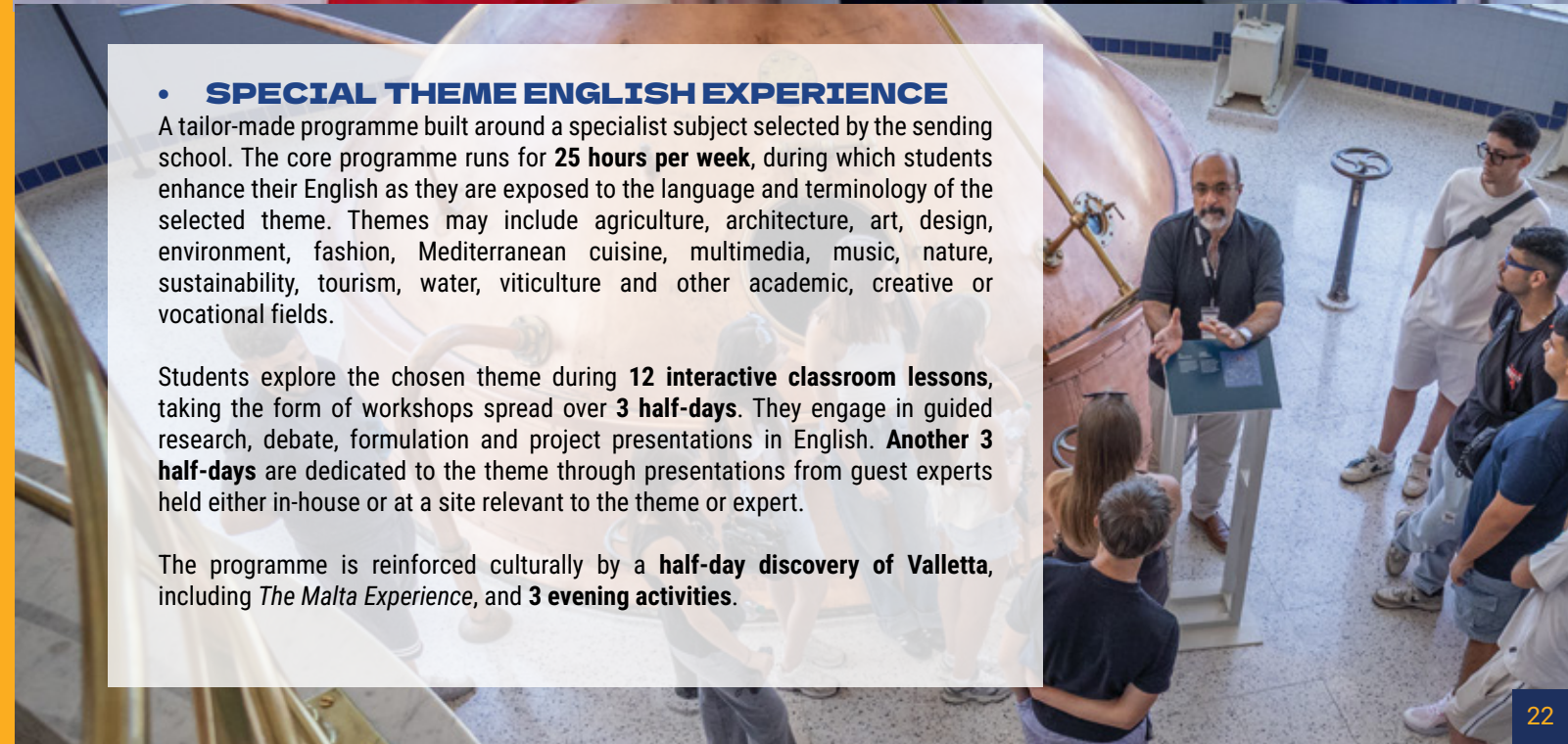
Each student is supported through mentored skill practice and receives a Certificate of Internship Participation and Attendance. The programme also includes student support and **3 evening activities** for informal English conversation and group interaction.

• SPECIAL THEME ENGLISH EXPERIENCE

A tailor-made programme built around a specialist subject selected by the sending school. The core programme runs for **25 hours per week**, during which students enhance their English as they are exposed to the language and terminology of the selected theme. Themes may include agriculture, architecture, art, design, environment, fashion, Mediterranean cuisine, multimedia, music, nature, sustainability, tourism, water, viticulture and other academic, creative or vocational fields.

Students explore the chosen theme during **12 interactive classroom lessons**, taking the form of workshops spread over **3 half-days**. They engage in guided research, debate, formulation and project presentations in English. **Another 3 half-days** are dedicated to the theme through presentations from guest experts held either in-house or at a site relevant to the theme or expert.

The programme is reinforced culturally by a **half-day discovery of Valletta**, including *The Malta Experience*, and **3 evening activities**.





INTERNATIONAL CAREER PATHWAY

The programme offers a complete international study experience for students aged 16 and over, designed as a meaningful gap term, semester or year abroad that combines English language development, Business Management studies, academic learning, cultural immersion and personal growth. Students may also choose to follow a full academic route of 2 years leading to internationally recognised qualifications that support university eligibility.

Upon graduation from secondary school, students look for an enriching international experience for personality identification and growth, or to prepare themselves for future university or vocational studies.

The Pathway programme provides a flexible high-quality route that develops English proficiency and independence, a foundation in Business Management, and global perspectives in a supportive academic environment that enable confident transition to adulthood and to international tertiary education.

PROGRAMME SNAPSHOT

Best for: Students aged 16+ seeking to identify themselves or preparing for further international study experiences.

Focus: Personality development, English Language proficiency, business studies.

Study routes: Short-term certified immersion route or two-year route to international qualifications.

English goal: Consistent progress from minimum CEFR A2 level to attain B2+ and IELTS 6.0 or higher within year 1.

Business goal: Exposure to Business Management, Economics, Marketing, Mathematics and ICT and accelerating to attain Pearson International Advanced Levels within year 2.

Support: Dedicated Guardianship care, orientation and student welfare

Accommodation: Boarding facilities with meals included



Personality
identification
and growth



Gap
Year



English &
Business
Management
Studies



International
Academic
Qualifications



Course
materials
included



Student
Boarding
Accommodation

PERSONAL DEVELOPMENT

This programme is more than an academic journey; it is a life experience. Students use English every day, meet people from around the world, discover new cultures and develop greater independence. Through their studies, daily routines and shared experiences, they build confidence, self-awareness, employability skills and the resilience needed to thrive in adulthood and an international environment.

LANGUAGE AND ACADEMIC GROWTH

The programme begins with a strong focus on English language development. In the first two terms, students receive 15 hours of English tuition per week, helping them build the confidence and language proficiency needed for international academic study.

Alongside English, students are gradually introduced to foundation subjects in Business Management, Economics, Marketing, Mathematics and ICT. Academic instruction begins at approximately 6 hours per week and increases as students develop greater English proficiency and prepare for the IELTS examination in the second semester. In the second year, the programme intensifies further for students following the Full Academic Certification Route, preparing them for Pearson examinations and future university progression.

CHOOSE YOUR STUDY ROUTE

Short-Term Immersion Route (up to 1 year)

This option offers a complete immersive experience. The programme is designed as a meaningful term, semester or year abroad, allowing students to grow personally and holistically while improving their English language proficiency for high international qualifications. Students are introduced to Business Management studies and immersed into Maltese culture. At the end of their stay, students receive NSTS International Academy Certification of Merit and Participation.

Full Academic Certification Route

The full two-year International Immersion Programme is designed for students who wish to progress to university through internationally recognised qualifications. All subjects are taught in English to prepare them for Pearson examinations and future university study. Upon successfully completing the required examinations, students receive internationally recognised Pearson qualifications together with an IELTS certification, supporting their eligibility for university admission.

STUDENT SUPPORT AND COMMUNITY

NSTS supports students throughout their stay with dedicated guardianship care, beginning with a three-day arrival and cultural orientation programme. Students also take part in a variety of extracurricular activities, including cultural exchanges, debates, sports, social events and recreational programmes, helping them feel connected, supported and part of a vibrant international community.

ACCOMMODATION

Students stay in comfortable boarding accommodation, with a choice of twin or single rooms, each featuring a private bathroom. Facilities include Wi-Fi, air conditioning, heating, essential amenities and three meals per day, providing a safe, comfortable and supportive living environment throughout their stay.

SECONDARY / HIGH SCHOOL & SENIOR HIGH SCHOOL

An immersive school experience in Malta for students aged 13 to 17, combining academic study, English-speaking daily life, cultural discovery and dedicated NTS Guardianship support.

PROGRAMME SNAPSHOT

Best for: Students aged 13 to 17

Experience: Study in Malta alongside local students

School levels: Secondary / High School and Senior High School

Language setting: English-speaking educational environment with local students

Placement process: Virtual introduction and motivation discussion in English upon application

Support: NTS Guardianship care throughout the stay

Accommodation: Host family on full board with packed lunch

Included: School tuition

Arranged separately: Uniforms, books and daily school transfers



Induction meeting



Variety of subjects



Ongoing mentoring



NTS Guardianship



Host families



Airport transfers

SECONDARY / HIGH SCHOOL

Students aged 13 to 15 join regular secondary school classes with Maltese peers in Grades 9, 10 or 11 according to the British system of education which operates in Malta. The curriculum includes English, a second European language, Mathematics, Humanities, Sciences, Physical Education and Social Education.

This option allows younger students to experience school life in Malta while developing confidence, independence and English communication through everyday academic and social interaction.

SENIOR HIGH SCHOOL

Students aged 16 and over may join Grades 12 and 13, the final two years of the British system of education. They select five subjects from a categorised list, studying two at Advanced Level and three at Advanced Subsidiary Level, together with the mandatory Systems of Knowledge.

This pathway is ideal for students who wish to experience advanced-level study in an international setting while preparing for future academic opportunities.

PLACEMENT AND SUPPORT

Before arrival, students take part in a virtual introduction and motivation discussion in English. This helps NTS assess their language ability and guide them towards a suitable school and homestay environment.

Students receive ongoing NTS Guardianship support, beginning with a three-day arrival orientation. Regular coordination meetings, organised gatherings, outings and optional extracurricular activities help them settle smoothly and feel part of their new community.

LIVING IN MALTA

Students live with a carefully selected host family in a shared room on full board, including a packed lunch. The experience encourages English practice, cultural understanding, independence and meaningful connections with local life in Malta.





ADULT INTERNSHIPS

NSTS Internships offer students and graduates the opportunity to gain practical workplace experience in Malta while developing professional confidence in an English-speaking environment. Each placement is matched to the participant's studies, interests and career goals, helping them apply what they have learned and build skills for their future.

PROGRAMME SNAPSHOT

Best for: Vocational students, university students and graduates

Minimum age: 17+

English level: Minimum CEFR B1

Format: Full-time internship placement

Application: CV, motivation letter and online interview required

Support: NSTS Monitor and workplace Mentor

Certificate: Awarded at the end of the internship



Get to know
online meeting
before arrival



Internship
placement



Welcome
meeting



Transfer on
first internship
day



NSTS
Internship
monitor
support



Airport
transfers



Certificate of
merit and
attendance

YOUR INTERNSHIP EXPERIENCE

Participants work under the guidance of an experienced workplace Mentor and follow a personalised training programme with clear objectives. This structured approach helps interns develop workplace awareness, intercultural understanding and transferable professional skills while they voluntarily contribute to the host organisation.

PLACEMENT AND SUPPORT

After submitting the application, CV and motivation letter, participants meet an NSTS Monitor online to discuss their goals, background and placement options. Applicants should be familiar with their chosen field, and previous experience may support a stronger placement match. Some sectors may require a longer minimum duration or additional documentation.

Participants may also choose to begin their experience with one or two weeks of pre-placement English conversation practice, helping them strengthen their communication skills and feel more confident before entering the workplace. If the participant's English level is considered insufficient during the online interview, a minimum two-week preparatory English course is required before starting the placement.

PLACEMENT AREAS

Business & Management – Administration · Finance · Marketing · HR · Sales

Hospitality & Tourism – Hotels · Guest Relations · Food & Beverage · Travel Services

Technology & IT – IT Support · Software Development · Web Design · Telecommunications

Engineering & Manufacturing – Aviation · Civil/Electrical Engineering · Manufacturing · Renewable Energy

Marketing, Arts & Media – Content Creation · Graphic Design · Photography · Social Media

Healthcare & Social Sciences – Childcare · Elderly Care · Nutrition · Pharmacy · Social Work

Sports – Coaching · Fitness Training · Sports Clubs · Recreation Management

Agriculture & Nature – Environmental Projects · Equestrian Activities · Gardening

“I really enjoyed my time in Malta. My first week of English course was great, and the teachers were friendly and supportive. I couldn't have been happier with my internship placement, my mentor was excellent, and the tasks were interesting. I'm very happy with my overall NSTS experience and grateful to have been part of the programme.”

Dario - Germany





ADULT VOLUNTEERING

NSTS Volunteering offers meaningful opportunities for participants who want to contribute to society while gaining valuable international experience in Malta. The programme is ideal for motivated individuals who wish to improve their English communication, support a cause they care about and develop personally through practical community engagement.

PROGRAMME SNAPSHOT

Best for: Participants interested in social contribution and personal growth

Minimum age: 16+

English level: Minimum CEFR A2

Focus: Community support, practical experience and English communication

Placement process: Virtual meeting before arrival

Support: NSTS Monitor and dedicated Mentor

Outcome: Meaningful contribution, personal development and intercultural experience



Get to know
online meeting
before arrival



Volunteering
placement



Welcome
meeting



Transfer on
first volunteering
day



NSTS
volunteering
monitor
support



Airport
transfers



Certificate of
merit and
attendance

YOUR VOLUNTEERING EXPERIENCE

Each volunteering placement is selected according to the participant's interests, skills and motivation. The experience allows volunteers to support organisations and projects that work towards social, environmental, cultural or community-focused goals, while developing confidence, responsibility and practical skills in an English-speaking environment.

Before arrival, participants meet an NSTS Monitor online to discuss the most suitable placement option. A dedicated Mentor helps guide the volunteering experience and connect the expected outcomes with the participant's CV, motivation and personal development goals.

Upon arrival, the NSTS Monitor provides an orientation briefing, introduces the participant to the Mentor and offers continued support throughout the stay. The aim is to create a fulfilling experience that benefits both the volunteer and the host organisation.

VOLUNTEERING AREAS

Animal Care – Shelters · Animal welfare projects

Environment – Conservation · Sustainability · Green initiatives

Cultural Heritage – Preservation · Local heritage projects

Social Inclusion – Integration · Wellbeing · Community participation

Community Support – Disadvantaged groups · Local organisations · Social projects



NSTS60

STUDENT RESIDENCE

Located in the heart of Sliema, one of Malta's most vibrant seaside destinations, NSTS60 offers a modern student living experience where education, lifestyle, and community come together. Just steps away from NSTS English Language Institute, the seafront, cafés, shops, and excellent transport links, students enjoy the best of Mediterranean living.

Designed for comfort, sustainability, and connection, NSTS60 features stylish studio-style accommodation alongside welcoming shared spaces, including lounges, co-working areas, fitness facilities, outdoor relaxation zones, and a rooftop pool. Quiet study corners and social areas create the perfect balance between focus and community.

With secure access, regular housekeeping, and flexible room options for students, families, and groups, NSTS60 provides a seamless and contemporary living experience in one of Malta's most sought-after locations.

More than accommodation, NSTS60 is a lifestyle — where students connect, grow, and experience Malta at its best.



Wi-Fi



Reception &
Custodian
support



Co-living
spaces



Social dining
space



Rooftop
pool



Fitness
room



Weekly
cleaning
service



Bed linen
& towels



Laundry
service



Daily
breakfast



CCTV



Vending
machines

ACCOMMODATION



NSTS60 ROOMS

The rooms at NSTS60 are designed to provide junior students with a safe, comfortable and enjoyable residential experience. Available in shared twin and triple options, they offer a modern and welcoming environment that encourages both rest and interaction. Each room is equipped with an en-suite shower room, a study desk, storage space and an in-room personal safe for one's belongings. Boarding is thoughtfully arranged to support student life, with breakfast included daily, a choice of hot or packed lunches to suit activity schedules, and buffet-style dinners offering variety and balance.



En-suite



Air
conditioning
and heating



Study desk



Wi-Fi



Mini fridge



In-room
safe



Weekly
cleaning
service



NSTS60 STUDIO

The adult studios at NSTS60 combine privacy with flexibility, offering single, twin or triple-bedded options with daily breakfast to suit different needs. Each studio features a modern minimalist design with thoughtful layouts and contemporary finishes, creating the perfect balance of independence and community living in a welcoming environment. Studios are equipped with an en-suite shower room, a study desk and shelving, ample storage with an in-room personal safe, and a private kitchenette dedicated exclusively to the occupants to prepare their meals.



En-suite



Air
conditioning
and heating



Study desk



Wi-Fi



Private
Kitchenette



In-room
safe



Weekly
cleaning
service





NSTS CAMPUS STUDENT RESIDENCE

Located on University Street in Msida, opposite the University of Malta, NSTS Campus Student Residence offers one of Malta's most vibrant and well-connected students living experiences. With NSTS English Language Institute just a 10-minute walk away, Campus Student Residence enjoys excellent transport links from/to the airport and around Malta, and easy access to shops, low priced eateries, entertainment, and leisure.

NSTS Campus Student Residence is a dynamic international co-living hub where students live, learn, and connect. Accommodation ranges from modern studio rooms with private en-suite bathrooms, kitchenettes, and study spaces, to shared or single adult rooms and dedicated teenage bedrooms designed for comfort, safety, and community living.

All rooms include Wi-Fi, air-conditioning/heating, and secure electronic access. Residents also enjoy shared facilities such as a swimming pool, sun deck, lounges, games room, cafeteria, laundry, and 24/7 reception support.

More than just accommodation, NSTS Campus Student Residence is the social heart of student life in Malta – a place where friendships grow, cultures meet, and learning continues beyond the classroom.



Wi-Fi



24/7
Reception
service



Co-Living
spaces



Swimming
pool



Daily
breakfast



Weekly
cleaning
service



Bed linen
& towels



Laundry
service



CCTV



Vending
machines





NSTS CAMPUS STUDIOS (ADULTS)

Our studios are the ideal choice for students seeking independence and comfort during their stay. Available in single, twin or triple occupancy, they are designed with modern simplicity and practicality, providing everything needed for both long and short stays. These studios are secured with electronic locks, ensuring both safety and ease of use. They include daily breakfast, kitchenette, and weekly housekeeping, with fresh bed linen and towels helping to create a worry-free environment leaving students free to focus on their studies. The studios combine privacy with the benefits of living in a lively student community.



En-suite shower room



Air conditioning and heating



Study desk



Wi-Fi



Private Kitchenette



Shared balcony



Weekly cleaning service

NSTS CAMPUS ROOMS (ADULTS)

The single and twin rooms at NSTS Campus are a practical and welcoming option, particularly suited for shorter stays. Designed with comfort and convenience in mind, they provide all the essentials a student needs, including a daily cold breakfast. Residents also have access to a small communal kitchen, encouraging social interaction while preparing meals together. These rooms are secured with electronic locks, ensuring both safety and ease of use. Weekly housekeeping with fresh bed linen and towels helps create a worry-free environment, leaving students free to focus on their studies and enjoy the community atmosphere of the Campus.



Private shower room



Air conditioning and heating



Internal window



Wi-Fi



Small communal kitchen



Weekly cleaning service



NSTS CAMPUS 4-5 BEDDED ROOMS (JUNIORS)

The 4 and 5 bedded rooms are a popular choice for school groups and junior students, offering both comfort and reassurance within a secure and well supervised environment. Purposefully designed for shared living, they provide young learners with the opportunity to enjoy their stay together while fostering friendships and a spirit of community. Each room is appointed with individual storage for personal belongings and a private shower room, with most also benefiting from en-suite facilities. Generous shared balconies introduce natural light and a refreshing sense of openness, enhancing the overall residential experience. Boarding arrangements for groups are thoughtfully curated to support student life, with breakfast included daily, a choice of hot or packed lunches to suit excursion schedules, and buffet-style dinners that combine variety with balance.



Private shower room



Air conditioning and heating



Individual storage



Wi-Fi



Shared balcony



Extra cleaning for 3+ students



HOMESTAY / HOST FAMILY

Living with a Maltese host family offers an immersive cultural experience and a unique opportunity to become part of everyday local life in Malta. Through shared meals, daily routines and friendly conversation, students experience Maltese hospitality, traditions and cuisine while practising English in a natural environment.

Host families are carefully selected to provide a warm and comfortable home setting. Students stay in single or shared rooms on a full board basis with breakfast, packed lunch and dinner included, encouraging meaningful interaction and cultural exchange.

This option is ideal for students who wish to experience Malta beyond the classroom and build a deeper connection with local culture and traditions.

Please inform us of any dietary requirements or allergies during the application process so suitable arrangements can be made. A supplementary charge may apply.

Host families are generally located within walking distance of the NSTS English Language Institute and high schools, although some may require public transport. For a smooth arrival, we recommend arranging an airport transfer in advance, with an optional departure transfer available.

Hotels or apartments can be arranged directly or with support from NSTS, and may be recommended during peak periods when student residences are fully booked.



Cultural exposure



Daily meals



Meaningful interactions



Central location

ACTIVITIES BEYOND THE CLASSROOM

At NSTS, learning continues beyond the classroom. Our activity programmes are designed to help students experience Malta through culture, adventure, social connection and real-life communication, creating a richer and more memorable stay.

Students may explore Malta's history and heritage through visits to Valletta, Mdina, the Three Cities, Gozo, museums, cathedrals, forts, archaeological sites and UNESCO World Heritage locations. Outdoor experiences may include beach trips, scenic coastal walks, countryside trekking and visits to some of Malta's most beautiful bays and natural landscapes.

For a more practical learning experience, groups may also take part in educational field visits connected to local industry, sustainability and community life, such as hotels, manufacturing sites, aquaculture farms, water facilities, volunteering projects or other theme-related locations.

Junior students enjoy safe and supervised social activities, including welcome and farewell events, themed evenings, group games, team-building activities, and social gatherings. Age-appropriate leisure and educational outings may include interactive science experiences, the Malta National Aquarium, Playmobil FunPark, water parks, marine parks, beach outings and laser tag.

Selected activities may also include real-life communication tasks, such as shopping, café experiences, local interaction and practical everyday situations. Through every activity, students are encouraged to practise English naturally, discover Malta more deeply and build friendships beyond the classroom.

MALTA BECOMES THE CLASSROOM



TERMS AND CONDITIONS

By submitting your application, you bind yourself to these terms and conditions.

1. Applications: Completed applications in English will be received via e-mail on reservations@NSTS.org or online on www.NSTSmalta.org at the latest:

I. English Language Learning: 4 weeks before the selected arrival date if part of a group or arriving between 12 June and 23 August, or 2 weeks if an individual arriving outside this period.

II. Study Abroad: 21 weeks (5 months) before the selected arrival date, including CV, motivation letter, and virtual contact address for online introductory meeting. Registration follows the outcome of the meeting.

III. Internship: 10 weeks before the selected arrival date, including CV, motivation letter, and virtual contact address for online introductory meeting.

2. Application documentation: Applications on the prescribed form must: (i) give the applicant's name, surname, gender, date of birth, nationality, passport number and expiry date, special needs, and allergies, (ii) be accompanied by a passport size colour photograph, or one pays €15 to be photographed on arrival in Malta, and (iii) explicitly state the selected educational programme, and if applicable, accommodation reference and number displayed on the pricelist.

Groups must complete the Group Essential Information Form obtained from reservations@NSTS.org.

Study Abroad applicants must include €60 for the online introductory meeting which forms part of the application process before registering may be accepted on the programme.

Internship applicants must sign and abide by the applicable conditions of acceptance available online prior to being accepted.

3. Confirmation and Payment: Provisional confirmation together with a pro-forma invoice are sent immediately upon the receipt of the complete, correct, application documentation. Full payment must follow by bank transfer direct to APS Bank p.l.c. Malta, IBAN MT74 APSB 7717 2000 6515 10 6515 400 10 NSTS to be received by the requested date well before arrival, but at the latest:

I. English Language Learning: 3 weeks before the selected arrival date if part of a group or arriving between 12 June and 23 August, or 2 weeks if an individual arriving outside this period.

II. Study Abroad: 6 weeks before the selected arrival date.

III. Internship: 4 weeks before the selected arrival date. Adults, 18 years and older, booking accommodation must pay the environmental tax of up to €22.50 which is added to the pro-forma invoice.

4. Validation of applications: Provisionally confirmed applications are only validated and have effect upon the receipt of the full payment before the due date, failing which they are automatically cancelled without liability to NSTS Malta.

5. Changes: made to a processed application are subject to a fee of:

I. €50 if received from 15 to 6 days inclusive before the arrival date.

II. €250 if received 5 days or less before the arrival date.

6. Cancellations and curtailments: made to a processed application are subject to a fee of:

I. €250 if received from 15 to 6 days inclusive of the arrival date.

II. Full payment with no refund if received 5 days or less before the arrival date, or if a 'no show', or if any part or all the services are not utilised.

7. Delivery: Fees include all that specified and incorporated in the applied for service as described in the brochure document and website, and NSTS Malta is not liable for that not contained therein. NSTS Malta reserves the right to alter any service, description, and fee without prior notice and to provide substitute services of at least comparable standard and contents to those definitively confirmed.

8. Acceptance of Minors: Applicants under 18 years of age are legally deemed to be minors and require their Parent/Guardian consent form and surety deposit. Applications must be, and are therefore deemed to be, endorsed by the applicant's parent/ legal guardian who simultaneously retains full responsibility for their protégé's acts and/or omissions throughout the latter's confirmed stay in Malta, exonerating NSTS Malta from all faults, legal liability, and damages. Applications through agents are deemed to be equally endorsed by virtue of the agent's own transmission of the application.

9. Conduct of Minors: The conduct of a confirmed minor applicant is governed by a Student Charter that is available upon request. Among other conditions the Charter governs good behaviour, applied discipline and prohibitions, unaccompanied outings, evening return times, damages, misdeeds, and the payment of an appropriate, conditionally refundable surety deposit upon arrival at check-in if accommodated at an NSTS Malta collective residence or hotel.

10. Security Deposit: Confirmed applicants under the age of 25 years on the date of check-in, including all minors subject to Term and Condition 9 above, must deposit €50 upon check-in at an NSTS Residence to make good for any damages caused or to act as a safeguard for responsible and respectable behaviour and the observance of residing conditions. Should the Security Deposit be called upon at any time before departure the confirmed applicant must deposit the amount forfeited to top-up the Deposit to €50. A Security Deposit not called upon at time of departure owing to satisfactory comportment is fully refundable at check-out.

11. Code of Conduct: Applicants implicitly accept that NSTS Malta may, without being liable in any manner whatsoever, exclude them from a service applied for or being consumed, and demand their repatriation at their charge, if, in the opinion of Management, their behaviour is of disturbance to others or they appear likely to endanger or impair the health, safety, or comfort of other persons using the concurrent services, or the reputation of NSTS Malta by their acts or omissions.

12. Public Holidays: All educational programmes will not be available on the following public holidays: 01 January, 10 February, 19 March, Good Friday, 31 March, 07 June, 29 June, 08 September, 21 September, 8 December, 13 December, and no refund will be given. Missed English lessons will be made up for during other days of the week except for group lessons falling on 29 June.

13. Visa: The applicant is solely responsible to provide on demand a valid identity document, passport, and entry visa and, if staying for more than 90 days and has not obtained for the applied residence visa, to extend the authorisation to remain in Malta by applying, within 2 weeks of arrival to Identity Malta, for a national visa or temporary residence permit to cover the entire duration of the confirmed educational programme for up to one year.

14. Data Protection: By applying, the applicant consents and authorises NSTS Malta to process any personal data in accordance with the General Data Protection Regulation (GDPR) of the European Union and to transfer/disclose such data within NSTS Malta and to suppliers as deemed necessary for the provision of the services applied for, and for the purposes associated thereto.

15. Imaging: The applicant consents to being photographed, filmed, videoed, sound recorded, sketched, to have testimonials and comments, for use, and used, for promotional purposes, and to receive marketing materials from NSTS Malta, while having the opportunity to opt out from this consent by request in writing or electronically according to GDPR.

16. Obligations: The promotional description documents and all commercial relations arising therefrom are deemed to be executed through the brand NSTS Malta of company registration C4425 of 220, St Paul Street, Valletta, VLT1217, Malta.

LEARN MORE ABOUT US



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